



Enzyme "Peel" Benefits

- ENZYME PEELS OFFER THESE BENEFITS/RESULTS:
- UNCLOG AND SHRINK PORES
- OPEN PORES FOR EASIER EXTRACTIONS (CLIENT CAN INCLUDE EXTRACTIONS AS AN UPGRADE)
- REMOVE DRY, FLAKEY SKIN
- DIMINISH FINE LINES, WRINKLES, AND SCARS
- FADE AGE SPOTS, SUN DAMAGE, AND REDNESS
- SKIN MAY OR MAY NOT PEEL SLIGHTLY BASED ON SKIN TYPE AND INTENSITY OF THE ENZYME PEEL
- ENZYME PEELS ARE A GENTLER VERSION OF THEIR MORE INTENSE COUNTERPART—CHEMICAL PEELS.



Enzyme "Peel" Contraindications/ Dont's:

- THE USE OF ISOTRETINOIN (ACUTANE) IN THE PAST 12 MONTHS
- THE USE OF BENZOYL PEROXIDE (CEASE USING 3-4 DAYS PRIOR)
- THE USE OF RETIN-A PRODUCTS (CEASE USING 1 WEEK PRIOR)
- SHAVED AREAS IN THE LAST 24 HOURS
- HERPES SIMPLEX OR ACTIVE INFECTION
- PREGNANCY/BREASTFEEDING (GENTEL ENZYMES ONLY W/ NO SALICYLIC ACID)
- OBSESSIVE PICKERS
- UNCONTROLLED DIABETES
- COUPEROUS OR ROSACEA
- WAXED (CEASE USING 2 WEEKS PRIOR)



Pre-Enzyme Peel Treatment

- NO MAKEUP PRIOR TO APPOINTMENT
- DISCONTINUE USE OF TOPICAL RETINOID 2 WEEKS DAYS PRIOR TO YOUR APPOINTMENT
- AVOID TANNING, TANNING SPRAY AND CREAMS 1 -2 WEEKS BEFORE TREATMENTS
- AVOID ANY LASER/ELECTROLYSIS TREATMENTS (OF ANY KIND) AT LEAST 7 DAYS PRIOR
- NO RECENT USE OF ACCUTANE WITHIN 1 YEAR
- NO CHEMICAL PEELS 3-4 MONTHS PRIOR
- NO SHAVING ON FACE OR NECK 24HRS PRIOR TO SERVICE
- NO WAXING OF THE FACE APPROX. 1 WEEK PRIOR TO TREATMENT
- IT IS CLIENTS RESPONSIBILITY TO ADVISE OF CHANGED HEALTH CONDITIONS AND MEDICATIONS



Post-Enzyme Peel Treatment

- KEEP THE SKIN CLEANSED AND MOISTURIZED -USE A GENTLE CLEANSER
- PEELING & SOME DRYNESS IS NOT UNUSUAL/NO PICKING OR SCRATCHING
- USE ANTI-INFLAMMATORY CREAMS AND COLD COMPRESSES IF NEEDED- THIS SHOULD HELP WITH PEELING
- AVOID USING EXFOLIANTS , WAXING AND HARSH RUBBING FOR ABOUT 1 WEEK
- NO DIRECT SUN EXPOSURE FOR 1 WEEK - USE SPF OF 30 + IF DIRECT SUN EXPOSURE IS UNAVOIDABLE
- DO NOT USE GLYCOLIC, ALPHA HYDROXY, BETA HYDROXY, RETINOL, BENZYL PEROXIDE OR TOPICAL ACNE MEDICATIONS FOR 24-48 HOURS FOLLOWING TREATMENT.
- DRINK LOTS OF WATER!! YOUR SKIN IS HEALING AND WATER WILL HELP FACILITATE HEALING
- NO MAKEUP FOR APPROX. 5 DAYS