



Diamond Microdermabrasion Benefits:



- **IMPROVES HYPERPIGMENTATION** – MICRODERMABRASION HAS BEEN FOUND TO IMPROVE HYPERPIGMENTATION AND OTHER SKIN SPOTS AND PATCHES. IT WORKS BY REMOVING THE OUTERMOST LAYER, WHICH, IN TURN, SOFTENS THE APPEARANCE OF HYPERPIGMENTATION.
- **TACKLES WRINKLES** – THE TREATMENT HELPS WITH COLLAGEN STIMULATION, WHICH CAN INCREASE SKIN RENEWAL. THIS HELPS TO IMPROVE THE SKIN'S SURFACE, SMOOTHING AND REDUCING THE VISIBILITY OF FINE LINES AND WRINKLES.
- **EXFOLIATES THE SKIN** – BUFFS THE SKIN TO REMOVE DEAD AND DRY SKIN CELLS, LEAVING THE SKIN FEELING EXFOLIATED AND REJUVENATED.
- **IMPROVES MILD ACNE** – IT CAN ALSO BE AN EFFECTIVE TREATMENT FOR MILD ACNE. THE EXFOLIATION CAN MINIMIZE THE APPEARANCE OF BLACKHEADS AND WHITEHEADS TO CREATE A SMOOTHER SURFACE. IF THE ACNE HAS CAUSED SOME SHALLOW SCARRING, MICRODERMABRASION CAN WORK TO REDUCE IT.
- **SHRINKS ENLARGED PORES** – AN EFFECTIVE WAY TO IMPROVE YOUR SKIN'S CONDITIONING AND MAKE PORES LESS VISIBLE.



Diamond Microdermabrasion Contraindications/ Can Not Treat If:



- **YOU HAVE SENSITIVE SKIN, ECZEMA OR ROSACEA ON THE FACE**
- **HERPES SIMPLEX OR ACTIVE INFECTION**
- **SUNBURN/SUN TAN**
- **YOU HAVE SKIN THAT SCARS EASILY**
- **YOU TYPICALLY APPLY RETINOL OR EXFOLIATING ACIDS**
- **YOU HAVE THIN OR LOOSE SKIN**
- **YOU HAVE SEVERE ACNE**
- **YOU'RE TAKING ISOTRETINOIN, ACCUTANE OR ANOTHER DEHYDRATING MEDICATION TO TREAT SEVERE ACNE (WITHIN 1 YEAR)**
- **LASER/ELECTROLYSIS TREATMENTS (OF ANY KIND) LESS THAN 7 DAYS PRIOR**
- **CHEMICAL PEELS OR COLLAGEN (INJECTIONS) LESS THAN 3 WEEKS PRIOR TO SERVICE**
- **IT IS CLIENTS RESPONSIBILITY TO ADVISE OF CHANGED HEALTH CONDITIONS AND MEDICATIONS**



Pre-Diamond Microdermabrasion Treatment

- NO MAKEUP PRIOR TO APPOINTMENT
- DISCONTINUE USE OF TOPICAL RETINOID 2 WEEKS DAYS PRIOR TO YOUR APPOINTMENT
- AVOID TANNING, TANNING SPRAY AND CREAMS 1-2 WEEKS BEFORE TREATMENTS
- AVOID ANY LASER/ELECTROLYSIS TREATMENTS (OF ANY KIND) AT LEAST 7 DAYS PRIOR
- NO RECENT USE OF ACCUTANE WITHIN 1 YEAR
- NO CHEMICAL PEELS OR COLLAGEN (INJECTIONS) 3 WEEKS PRIOR TO SERVICE
- NO SHAVING ON FACE OR NECK 24HRS PRIOR TO SERVICE
- NO WAXING OF THE FACE APPROX. 1 WEEK PRIOR TO TREATMENT
- IT IS CLIENTS RESPONSIBILITY TO ADVISE OF CHANGED HEALTH CONDITIONS AND MEDICATIONS



Post- Diamond Microdermabrasion Treatment



- KEEP THE SKIN CLEANSED AND MOISTURIZED -USE A GENTLE CLEANSER
- PEELING & SOME DRYNESS IS NOT UNUSUAL/NO PICKING OR SCRATCHING
- USE ANTI-INFLAMMATORY CREAMS AND COLD COMPRESSES IF NEEDED- THIS SHOULD HELP WITH PEELING
- AVOID USING EXFOLIANTS , WAXING AND HARSH RUBBING FOR ABOUT 1 WEEK
- NO DIRECT SUN EXPOSURE FOR 1 WEEK - USE SPF OF 30 + IF DIRECT SUN EXPOSURE IS UNAVOIDABLE
- DO NOT USE GLYCOLIC, ALPHA HYDROXY, BETA HYDROXY, RETINOL, BENZYL PEROXIDE OR TOPICAL ACNE MEDICATIONS FOR 24-48 HOURS FOLLOWING TREATMENT.
- DRINK LOTS OF WATER!! YOUR SKIN IS HEALING AND WATER WILL HELP FACILITATE HEALING
- NO MAKEUP FOR APPROX. 5 DAYS